



Simmi Khanna

BSC and PG in dietetics and food service management

Diabetes Educator From American Dietetics Association

IBS From Monash University Australia

Heal With Love best book on millet recipes

Award by NNHSA

Sadhana awards 2022

Nutritionist innovator award 2020

28 Years of Experience

The New Word **LEAN** in Today's World

L – Lifestyle

E – Exercise

A – Attitude

N – Nutrition

